

Fitness Center Rules & Regulations

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1. Memberships are required to use the Boiling Spring Lakes Community Center's Fitness Room. Monthly and Yearly memberships are available for both residents and non-residents of Boiling Spring Lakes (see community center fees & charges). Proof of age & residency status is required with membership applications and is the responsibility of the new member.
2. Monthly memberships are paid in advance monthly, on the calendar date which the membership became activated, for the following month.
3. Yearly membership fee will be due one year from your activation date.
4. Daily use of the fitness center is available - Resident \$3 per visit Non-resident \$5 per visit
5. You MUST be a minimum of 18 years of age to apply/hold a fitness room membership. Those between the ages of 12 and 17 years of age must hold a provisional membership, attend the youth orientation class, and be accompanied by a parent each visit to the facility. Orientation classes are limited in size and subject to availability. No one under the age of 12 will be allowed in the fitness room. There will be NO EXCEPTIONS to the above stated age requirements!
6. All members must check-in with the center staff prior to entering the fitness room. Those persons with expired memberships will not be allowed to enter the fitness room without bringing their membership into good standing.
7. Fitness Orientations are offered are by appointment only and available Monday – Friday from 10am – 7pm. We encourage every new member to go through the fitness orientation prior to their first solo workout. Please see front desk staff to sign up for an orientation.
8. Proper athletic attire and appropriate footwear is required at all times. We recommend closed-toed shoes be worn while in the fitness center. Please be considerate of others and wear the appropriate clothing, this is a family oriented facility.
9. Cell phone use is restricted to earphone use only for music. Please take all phone calls outside of the fitness center as a courtesy to others.
10. No food or drink (except water in a sealed container) will be allowed in the fitness room.
11. Dumbbells must be placed back on the rack after each use.
12. Equipment must be wiped down after each use. Antibacterial wipes are located around the fitness room for your convenience.
13. The Community Center is not responsible for missing or damaged items. No lockers are provided. Personal items must be kept out of the traffic areas at all times.
14. No towels will be provided by the Community Center. Please bring a towel from home each time you visit the fitness room.
15. We endeavor at all times to maintain the fitness room and our equipment in a safe operating condition. However, as a member you should notify the Community Center staff of any problems/malfunctions that you see with the fitness room equipment.
16. The City of Boiling Spring Lakes assumes no liability from accidents or injury from use of fitness room.

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Fitness Room Hours Of Operation

Monday – Friday 6:30 am – 8:00 pm

Saturday 8:00 am – 1:00 pm (no Saturday hours during the summer)